

## Other Recreation

## 100 Mile Club

100 Mile Club: How many miles can you walk and/or run from May to August? Keep track of your miles for our 100 miles club. Bring your tracking sheets to the city office 164 N. Gateway Drive to receive a prize.

## Exercise Club

Exercise Club: Regular exercise is part of the path to good health and well-being. You don't have to have a strict regimen at the gym (but that would certainly qualify). Exercise options are numerous and include calisthenics, strength training, dancing, gardening, biking, even doing household chores. Find activities that you enjoy and make them part of your routine. Participate in our Summer (May – August) Exercise Club.

# Fun in the Sun

This class is a favorite for ages 4-11. Your child will be able to participate in games, crafts, stories, songs, educational activities & field trips. Come join us for some fun in the sun!

## 2024 Dates:

## Session 1: June 3-28

## Session 2: July 8-August 2

Register online at [providence.sportsites.com/player](http://providence.sportsites.com/player)

Classes are limited (25 per class for younger ages; 30 per class for older ages) and fill up fast!

**Registration fees will not be refunded** after the class fills or registration closes whichever comes first.

You are welcome to register for both sessions. However, the activities are the same for both sessions.

**Session 1:** June 3-28  
Ages 4-6: Tues./Thurs. 10 a.m.-Noon  
Ages 7-11: Mon./Wed./Fri. 9 a.m.-Noon

**Session 2:** July 8-August 2  
Ages 4-6: Tues./Thurs. -Noon  
Ages 7-11: Mon./Wed./Fri. 9 a.m.-Noon

Ages 4-6 ( T/Th.) \$45

Ages 7-11 (M/W/F) \$60

*MUST BE 4 YEARS OF AGE BY THE TIME THE PROGRAM BEGINS*

Disc Golf

### **Check out our DISC GOLF at Von Baer Park!**

Bring your discs and come and enjoy this fun amenity at Von Baer Park. Golf discs can be purchased at local sporting goods outlets.

For more information regarding Disk Golf Clubs, you may [visit the website](#) or you may contact Brandon Merzlock at (435) 760-4224.

### **Field Conditions**

For field conditions, text FIELDS to (435) 752-9441

Ball Field Banners

**Please support the sponsors that support our programs.**

**Look for their banners at Zollinger Park.**

Available space for advertising banners.

Large banner spaces: 29

Small banner spaces: 35

[Purchase an advertising banner space for the 2023 season](#)

ATV/OHV Regulations

[Click here for a description of all regulations on ATV/OHVs for Providence City.](#)

Utah law requires all OHV operators to complete an OHV education course before operating on public land.

Information for Utah Off-Highway Vehicle (OHV) Education requirement 896.8 KB

100 Mile Club Tracking Form 2023.pdf 106.14 KB

Exercise Club Tracking Form 2023.pdf 97.83 KB